



**CALTECH PREMED ASSOCIATION  
2008-2009**

**MEETING MINUTES: OCTOBER 20, 2008**

**Attendees:** Angela Wood, Cat Oracion, and approximately 25 students – 50% being frosh

**Location:** Center for Student Services Building, Brennen Conference Room

**Time:** 12 noon to 1 PM

**A) Welcome and Introductions**

***Discussion Points:***

- Angela Wood and Cat Oracion
- CPMA student leaders
  - Seminars
  - Course recommendations
  - Funding for programs & events
  - Volunteering opportunities and social events

***Action Items***

- Graduating seniors should start to recruit new leaders
- Premeds are welcome to step-up if committees have no current leader
- Premeds encouraged to join and actively participate in committees' activities throughout the year

**B) Calendar of Events**

***Discussion Points:***

- See handout with 2008-09 workshops and activities
- Many dates are listed as “TBD”, such as CPMA Executive Committee/General Meetings, seminars, and workshops. Announcements will be sent out as information becomes available.
- Not on the calendar are the most recent summer preceptorships at City of Hope, Huntington Memorial Hospital, Childrens Hospital Los Angeles, and UCLA
- Most recent workshops and events this academic year
  - Orientation Workshop for frosh
  - Club Fair
  - Welcome Dinner at Tom Mannion's house
  - Interviewing workshop part 1
- Upcoming workshops and events in October and November
  - Oct. 24<sup>th</sup> - Interviewing workshop part 2
  - Oct. 27<sup>th</sup> and 28<sup>th</sup> - CIT vs. MIT Blood Battle
  - Nov. 13<sup>th</sup> - Focus Group meeting for Caltech/UCSD Medical Scholars
  - Nov. 15<sup>th</sup> - Second Annual California Regional Meeting of the American Physician Scientists Association (APSA)

*Calendar of Event: Discussion Points cont.*

- Past Years' Events
  - Ice Cream Social
    - Ilia Shadrin (senior).
    - Make suggestions for ice cream flavors, and possible dates, times, and locations.
  - Make a Difference Day
    - Ilia Shadrin (senior) and Susan Shen (senior).
    - To be scheduled in May.
    - There are many projects in which students can participate.
    - Get involved with the Caltech Y throughout the year. There's a variety of activities.
    - Caltech Y Excomm Meeting dates are on Thursdays at lunch at the Caltech Y lounge.
  - Club Fair during PreFrosh Weekend
- Event Suggestions
  - Cuts for Cancer.  
Visit <http://www.cutsforcancer.net/> for more information
  - Donate old/used prescription glasses.  
Visit Give the Gift of Sight  
<http://www.givethegiftofsight.org/donatenow/>  
Lions Club  
[http://www.lionsclubs.org/EN/content/vision\\_eyeglass\\_recycling.shtml](http://www.lionsclubs.org/EN/content/vision_eyeglass_recycling.shtml)
  - Walk for Hope  
November 9, 2008 at City of Hope in Duarte, CA  
Visit <http://www.cityofhope.org/giving/fundraising-events/walk-for-hope/los-angeles/Pages/default.aspx>  
Online registration closes on November 6, 2008.  
Registration Fee: \$25 Adults. \$15 Children (12 & under)  
Registration fee on the day of the event is \$35 Adults and \$25 Children.  
Register early.

***Action Items:***

- CIT vs. MIT Blood Battle (Oct. 27 and 28)
  - Students are encouraged to offer assistance to Red Cross or Human Resources (contact Christine Boyle ext. 1745)
  - Schedule an appointment to donate at the Caltech vs. MIT Blood Battle blood drive by calling 1-800-GIVE LIFE (1-800-448-3543) or by visiting [www.GiveLife.org](http://www.GiveLife.org) and entering the sponsor code "Caltech."

*Calendar of Events: Action Items cont.*

- Walk for Hope at City of Hope (Nov. 9<sup>th</sup>)
  - Cat Oracion to send out announcement.
  - Students wanting to carpool can send their names and contact information to Cat. [coracion@caltech.edu](mailto:coracion@caltech.edu)
- Second Annual California Regional Meeting of APSA (Nov. 15<sup>th</sup>)
  - Angela Wood and/or Cat Oracion to send out announcement.
- Ice Cream Social
  - Students to suggest possible dates, times and locations.
  - Maybe plan for winter term.
  - Funds available to reimburse expenses. Speak with Cat Oracion.

**General Announcements**

***Discussion Points:***

- Library resources
  - Premed and prehealth resources are available in the Career Development Center
  - Online practice MCAT tests available in the Career Development Center
- Premed and Prehealth Advising Program web.  
Visit <http://www.career.caltech.edu/programs/premed/index.shtml>
- CPMA web. Hosted on the Career Development Center site.  
Visit <http://www.career.caltech.edu/programs/premed/cpma.shtml>
- Funds available for CPMA activities. Speak with Cat Oracion.

***Action Items:***

- T-Shirt contest
  - Cat Oracion to send out announcement once details are worked out.
  - All premeds encouraged to submit an entry
  - Winning entry to be printed during winter term
  - T-shirts to be used to market and promote the CPMA
  - Possible fundraising opportunity
- CPMA web
  - Cat Oracion to post group photo on web
  - Students encouraged to submit photos from summer preceptorships, and past CPMA activities. Send photos to Cat. [coracion@caltech.edu](mailto:coracion@caltech.edu)
  - Students encouraged to submit information to be posted on the CPMA web

**Next CPMA General Meetings**

- Monday, November 10<sup>th</sup>, noon, Brennen Conference Room.  
Breaking into small groups to brainstorm ideas for sub-committees. Come with ideas.
- Monday, December 8<sup>th</sup>, noon, Brennen Conference Room.